YOUTH ZONE PERFORM

FIND YOUR WAY TO MOVE 1/8









YOUTH ZONE | PERFORM

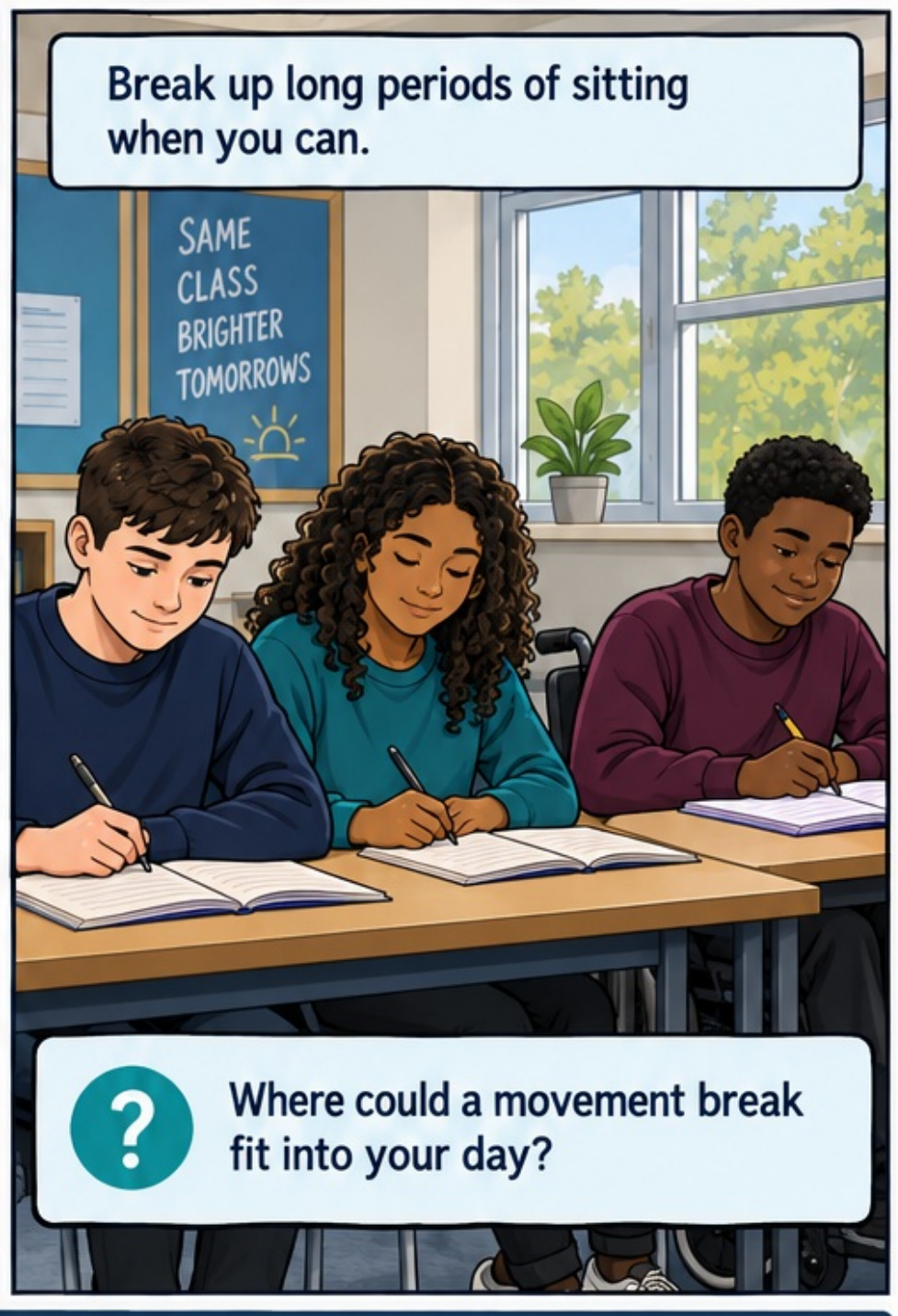
A BREAK FROM SITTING

2/8









YOUTH ZONE

FUEL

FOOD FOR YOUR DAY

Strip 3/8









YOUTH ZONE

PILLAR: FUEL

STRIP 4/8

MAKE WATER PART OF YOUR DAY









YOUTH ZONE FOCUS A FEED IS NOT THE FULL STORY

Strip 5/8



YOUTH ZONE FOCUS

START WITH ONE CONVERSATION

Strip 6/8



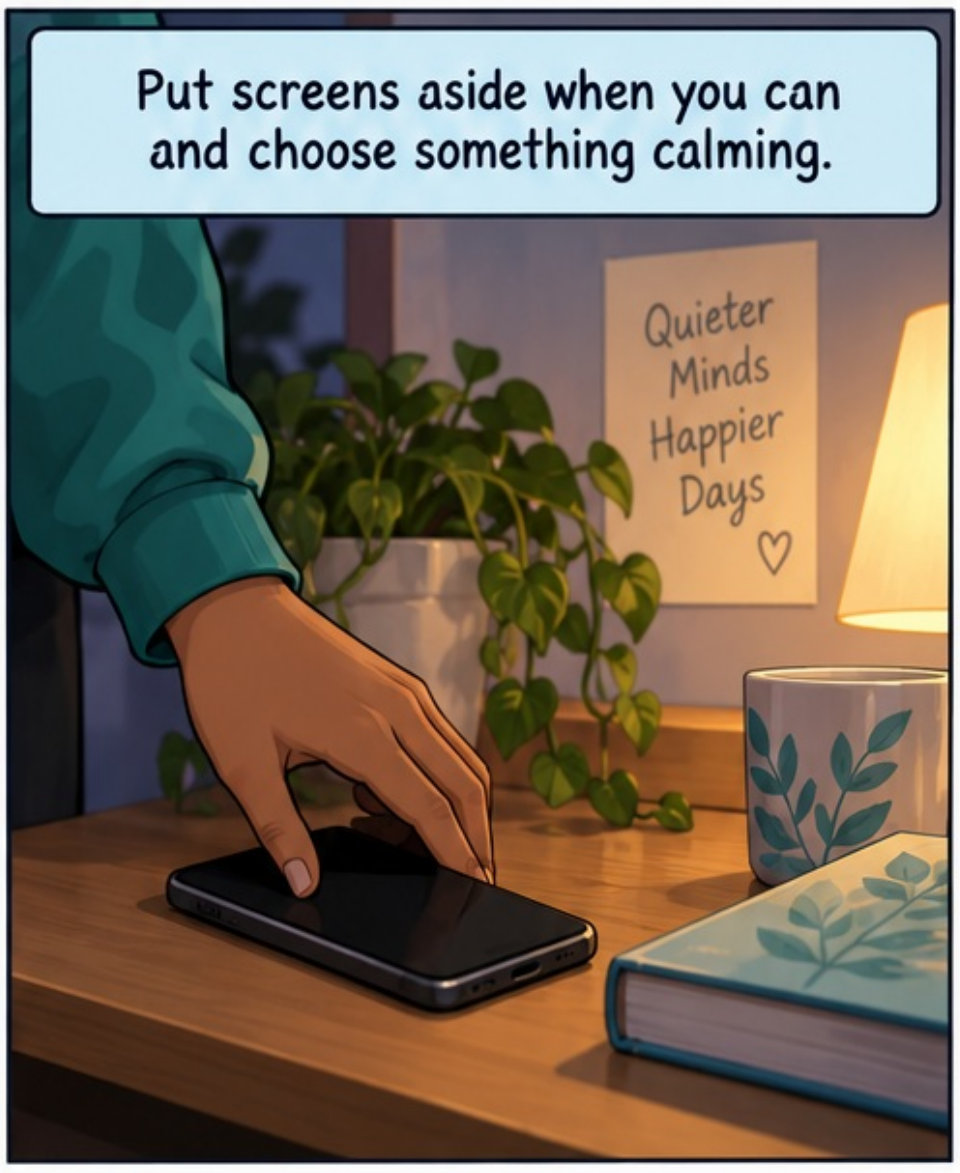




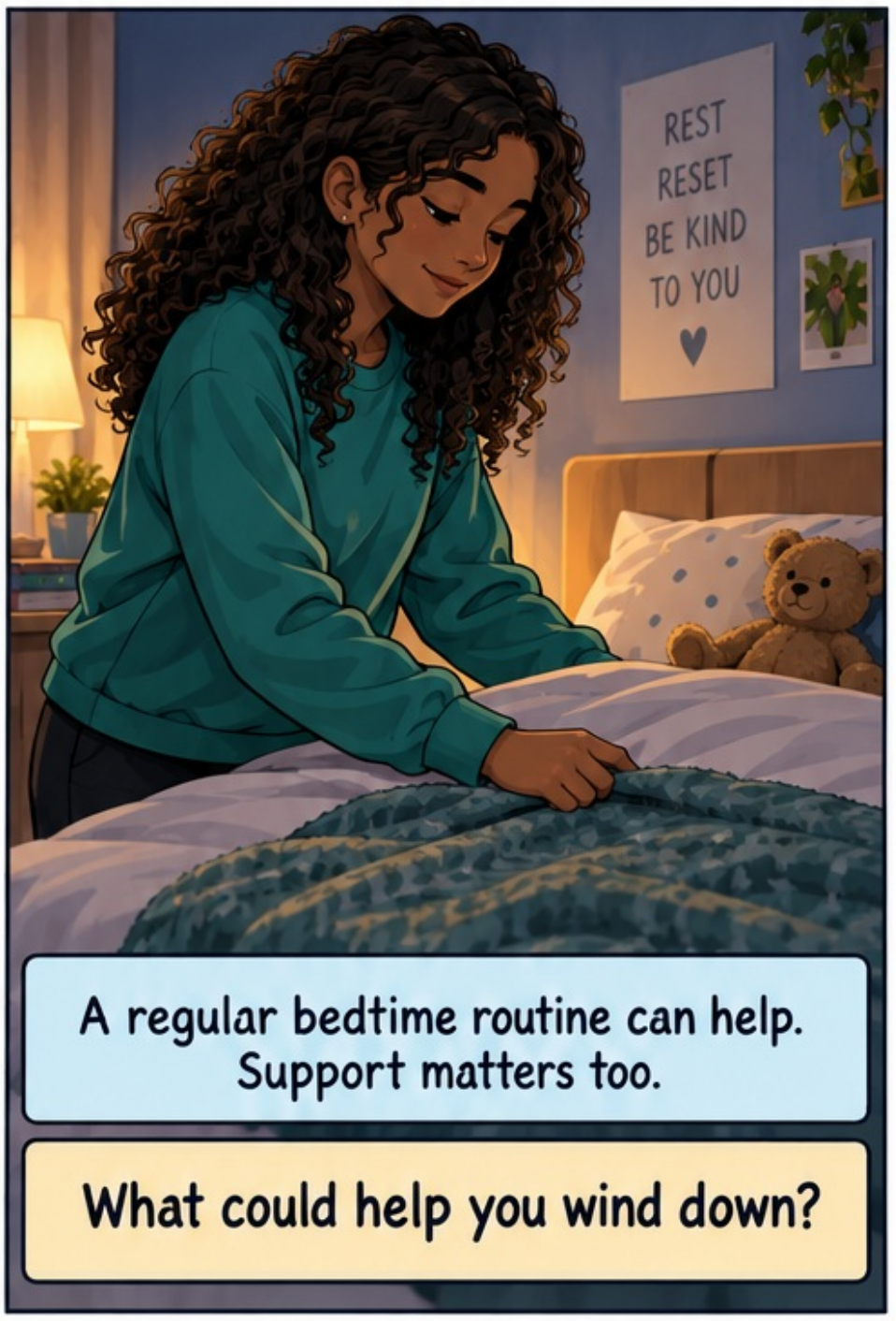


YOUTH ZONE | RECOVER | WIND DOWN YOUR WAY Strip 7/8









Schools review draft.

YOUTH ZONE | RECOVER | REST BELONGS IN YOUR DAY

Strip 8/8









? Where could you make room for a pause?